



Franco Bidoglio

Date of birth: 26 Jan 1985

Nationality: Italian

Gender: Male

CONTACT

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 (+39) 3474514272

WORK EXPERIENCE

● **XXV Olympic Winter Games - International Olympic Committee IOC** Milano - Cortina, Italy

Sports and Exercise Medicine Physician

2026

- Member of Medical Department

● **Swiss Football Association (ASF)** Switzerland

Sports and Exercise Medicine Physician

2024 - Current

- Member of Medical Department for Swiss National Team - Male Youth Selections

● **Clinica Ars Medica - Centro dello Sport - Swiss Olympic Medical Center** Gravesano - Manno, Switzerland

Sports and Exercise Medicine Physician

2022 - Current

- Sports Trauma and Rehabilitation
- Sports Cardiology
- Athlete Screening
- Musculoskeletal Ultrasound (MSK-US)
- Ultrasound Intra-Articular Guided Injections
- Regenerative Medicine
- Cardiopulmonary Exercise Test (CPET)

● **Mapei Sport Service** Olgiate Olona, Italy

Sports and Exercise Medicine Physician

2023 - Current

- Sports Trauma and Rehabilitation
- Sports Cardiology
- Athlete Screening
- Exercise Prescription

● **Football Club Lugano** Lugano, Switzerland

Sports and Exercise Medicine Physician

2023 - Current

- Team Doctor - Swiss Super League | UEFA Champions League | UEFA Europa League | UEFA Conference League

● **Campus Ludes University** Lugano, Switzerland

Professor - Bachelor's of Physiotherapy

2023 - Current

- Physiotherapy in Traumatology

● **Team Ticino - Football Academy Élite** Switzerland

Sports and Exercise Medicine Physician

2023 - Current

- Medical Coordinator
- Sports Trauma and Rehabilitation
- Athlete Screening

● **Hockey Club Lugano** Lugano, Switzerland

Sports and Exercise Medicine Physician

2023 - Current

- Consultant
- Sports Trauma and Rehabilitation
- Athlete Screening

Isokinetic Medical Group - FIFA Medical Center of Excellence Bologna - Milano, Italy

Sports and Exercise Medicine Physician

2022

- Visiting Doctor
- Sports Trauma and Rehabilitation

Paris Saint-Germain Football Club Paris, France

Sports and Exercise Medicine Physician

2021

- Resident
- Medical Assistant and Internship
- Thesis Project on Muscle Injuries

Aspetar Orthopaedic and Sports Medicine Hospital - FIFA Medical Center of Excellence Doha, Qatar

Sport and Exercise Medicine Physician

2019

- Resident
- Medical Assistant and Internship
- Sports Trauma and Rehabilitation
- Sports Radiology
- Athlete Screening
- Regenerative Medicine
- Sports Science

University of Pavia - Interdepartmental Centre of Biology and Sports Medicine Pavia, Italy

Sports and Exercise Medicine Physician

2017 – 2021

- Resident
- Sports Trauma and Rehabilitation
- Sports Cardiology
- Sports Radiology
- Athlete Screening
- Cardiopulmonary Exercise Test (CPET)
- Exercise Prescription
- Sports Science

Circolo Fondazione Macchi Hospital | University of Insubria Varese, Italy

Medical Assistant

2010 – 2016

- Internal Medicine Department
- General and Toracic Surgery Department
- Pediatric Medicine Department
- Orthopaedic and Traumatology Department

EDUCATION AND TRAINING

2024 – 2025 Padova, Italy

Master's Degree in Sports Cardiology University of Padova

2022 – 2023 Bologna - Milano, Italy

Master's Degree in Sports Orthopaedic and Trauma University of Bologna - Humanitas University of Milan

2017 – 2021 Pavia, Italy

Sports and Exercise Medicine University of Pavia

2016 Varese, Italy

Degree in Medicine and Surgery University of Insubria

2026 Bologna, Italy

Advanced Training in Musculoskeletal Interventional Ultrasound SIUMB - The Rizzoli Orthopaedic Institute (IOR)

2024 Turin, Italy

Advanced Training in Ultrasound Intra-Articular Guided Injections J|medical

2024 Milan, Italy

Cardiopulmonary Resuscitation and Emergency Defibrillation in Adults and Paediatrics Patients IRC - ERC - ILCOR

2023 Milan, Italy

Advanced Training in Cardiopulmonary Exercise Test (CPET) Monzino Cardiological Center - University of Milan

2023 Turin, Italy

Advanced Training in Treatment of Tendinopathy | Percutaneous Electrolysis Ultrasound Guided J|medical

2021 Bologna, Italy

Advanced Training in Musculoskeletal Utrasound (MSK-US) SIUMB - The Maggiore Hospital

LANGUAGE SKILLS

MOTHER TONGUE(S): Italian

Other language(s):

English

Listening C1

Spoken production C1

Reading C1

Spoken interaction C1

Writing C1

German

Listening A2

Spoken production A1

Reading A2

Spoken interaction A1

Writing A1

French

Listening A1

Spoken production A1

Reading A1

Spoken interaction A1

Writing A1

RECOMMENDATIONS

Cristiano Eirale, MD

- Chief of Sports Medicine - Aspetar Orthopaedic and Sports Medicine Hospital (Doha, Qatar)
- Past Chief of Medical Department - Paris Saint Germain Football Club (Ligue 1, France)

Email cristiano.eirale@aspetar.com |

Peter Jenoure, MD

- Founder of Rennbahnklinik (Basel, Switzerland)
- Medical Commission Swiss Football Association (Switzerland)
- Member of IOC Medical Commission (Switzerland)
- Past Member of FIFA Medical Department (Switzerland)
- Past Member of Medical Department for Swiss National Team at Olympic Games

Email peter.jenoure@bluewin.ch |

Franco Combi, MD

- Past Chief of Medical Department (2000-2015) - FC Inter Milan (Serie A, Italy)
- Past Chief of Medical Department (2016-2020) - US Sassuolo Calcio (Serie A, Italy)
- Chief of Rehabilitation Department - Mapei Sport Service (Italy)

Email franco.combi@gmail.com |

Mario Carletti, MD

- Anti-Doping Commission Member, Ministry of Health (Italy)
- Past Chief of Medical Department - Pallacanestro Varese (Serie A, Italy)

Email carletticampusmedico@gmail.com |

Carmine Stefano Poerio, MD

- Medical Department of Atalanta Bergamasca Calcio (Serie A, Italy)

Email carmine.poerio@gmail.com |

Daniele Zaccaria, MD

- Chief of Medical Department - Tudor Pro Cycling (UCI World Tour)
- Past Chief of Medical Department - Bahrain Victorious (UCI World Tour)

Email pazienti.zaccaria@gmail.com |

Carlo Guardascione, MD

- Medical Department of Italian National Cycling Team (UCI)
- President of Association of Sports Medicine - AMS Varese (Italy)

Email carlo.guardascione@crs.lombardia.it |

PUBLICATIONS

2025

Hamstring T-Junction surgical repair: an elite footballer's return to play journey through a new football centered complex approach

Authors Massimo Zanovello, Mattia Bianchi, Lasse Lempainen, Marano Marco, Franco Bidoglio, Luis Suarez Arrones |

Journal Name International Journal of Sports Physical Therapy (IJSPT) - Case Reports | **Volume, Issue and Pages** 20(5):727-74 |

2024

Exercise therapy in breast cancer patients: effects on cardiorespiratory fitness and quality of life

Authors Franco Bidoglio, Roberto Bottinelli, Maria Rita Guallea | **Journal Name** Medicina dello Sport |

Volume, Issue and Pages 77(3):390-402 |

2023

La santé de leurs membre une préoccupation des fédérations sportives? Une revue de la situation dans les fédérations sportives nationales en Suisse

Authors Franco Bidoglio, Peter Jenoure | **Journal Name** Sports & Exercise Medicine Switzerland Journal (SEMS Journal) |

Volume, Issue and Pages December 2023 |

2023

Sem around the world

Authors Franco Bidoglio | **Journal Name** British Journal of Sports Medicine - Open Sport & Exercise Medicine |

Volume, Issue and Pages September 2023 |

2022

Specific Sports Related Injuries

Athletics, Sprints, Hurdles, High Jump, Long Jump, Triple Jump, Distance Running

Authors Gian Luigi Canata, Valentina Casale, Antonella Ferrario, Enrico Ferranti Calderoni, Giacomo Zanon, Franco Bidoglio |

Volume, Issue and Pages CH.14(187-196) | **Publisher** Springer

2021

Diagnosis of paroxysmal supraventricular arrhythmia (PSVT) in a professional cyclist: the utility of performance monitoring tools as a medical support

Authors Franco Bidoglio, Carmine Stefano Poerio, Massimo Testa, Roberto Bottinelli, Daniele Zaccaria |

Journal Name Medicina dello Sport | **Volume, Issue and Pages** 74(2):346-8 |

2021

Considerations for the assessment of suspected myocarditis in the elite athlete in COVID-19 era

Authors Giovanni Camporeale, Esmeralda Eshja, Oronzo Catalano, Franco Bidoglio, Roberto Bottinelli, Daniele Zaccaria |

Journal Name Medicina dello Sport | **Volume, Issue and Pages** 74(4):706-13 |

2019

Sudden death in football: really so frequent or amplified media?

Authors Franco Bidoglio, Matteo Ceccaroli, Emanuele Facchinetti, Carmine Stefano Poerio, Federico Brunetti, Daniele Zaccaria, Roberto Bottinelli |

Journal Name XXXVI National Congress of the Italian Federation of Sports Medicine |

2019

Ventricular extrasystolia in the athlete: when morphology is fundamental to drive the diagnostic path

Authors Carmine Stefano Poerio, Daniele Zaccaria, Emanuela Longa, Luigi D'Introno, Emanuele Facchinetti, Franco Bidoglio, Roberto Bottinelli |

Journal Name XXXVI National Congress of the Italian Federation of Sports Medicine |

CONFERENCES AND SEMINARS

Speaker and Guest at National and International Conferences

- Sports Medicine
- Rehabilitation
- Cardiology
- Orthopaedic and Traumatology
- Regenerative Medicine

CERTIFICATIONS

24 AUG 2022

Mebeko (Switzerland)

- GLN 760100156925

7 MAR 2017

Board of Physicians and Surgeons (Italy)

- Board of Varese Province
- Number 7715

15 FEB 2017

Licence of Medical Practice (Italy)

- Academic Year 2016
- 2nd session

NETWORKS AND MEMBERSHIPS

2019 - CURRENT Rome

Italian Federation of Sports Medicine - FMSI

- Number 22277

DRIVING LICENCE

Driving Licence: A

Driving Licence: B

I authorize the processing of the personal data contained in my CV pursuant to Legislative Decree 101/2018 and EU Regulation 2016/679 (GDPR)



Franco Bidoglio